

**UPDATE
FROM THE
GUIDANCE OFFICE
2016**

SEPTEMBER 23

**MORE INFORMATION REGARDING THE FOLLOWING IS
AVAILABLE IN THE GUIDANCE OFFICE:**

Through a new program called raise.me, students can automatically earn scholarships from colleges each time he or she achieves any of the following goals in school:

- Get an A in a course (\$100 - \$1,000)
- Get a B in a course (\$50 - \$600)
- Participate in a school club or sport (\$25 - \$250)
- And much more

Our school is among the first in the country to take advantage of this opportunity, which is funded in part by the Bill & Melinda Gates Foundation and U.S. colleges.

Here is how you can best support your student to get the most from this opportunity:

- 1) Ensure that your student creates an account at www.raise.me.
- 2) Congratulate your student for regularly adding good grades, community service, extracurricular activities, and other achievements to his or her raise.me "Portfolio" in order to earn "Micro-Scholarships" from colleges. Your student is eligible to receive scholarship money for each achievement from the start of 9th grade until midway through 12th grade.
- 3) Visit www.raise.me/parents for more information.

We hope using raise.me will make your student's path to college both more fun and affordable.

If you have questions, I encourage you to contact the Guidance Office at 570-644-0375 ext. 119, or send an email to support@raise.me. Increasing numbers of public and private colleges continue to join the raise.me program. Colleges are added on a monthly basis and you can request colleges at any time. Your child will automatically get related Micro-Scholarships from all new colleges as they become available.

Attention Seniors and Juniors: The postmark deadline for taking the November 5th SAT is Friday, October 7th.

Students, please make sure that Our Lady of Lourdes School Code 394-483, is included on your registration form. Also remember it is suggested that students send scores to four colleges of your choice. There is no additional fee for this. Register today online at www.collegeboard.com.

Seniors were provided folders containing forms, informational handouts regarding scholarships, and instructions for completing **college applications**. The deadline for completed applications is Friday, November 4th.

Our Lady of Lourdes Regional School will host a **College Fair** on Tuesday, October 11th, in the cafeteria for grades 9 through 12. Approximately 30 colleges will be at the fair. Parents are invited to attend.

PACCAO – Pennsylvania Association of Catholic College Admissions Officers will be hosting a **Catholic College Fair** at Our Lady of Lourdes on Monday, October 3, from 9:00 – 9:45a.m., in the cafeteria, for the Senior, Junior, and Sophomore classes. Parents are invited to attend.

Bucknell University will be hosting **College Night** (College Fair) at Gerhard Field House on Monday, October 10th, at 6:00 p.m. Parents and students are invited to attend.

PSATs will be administered Wednesday, October 19th, at **Our Lady of Lourdes Regional School**. Registration for Juniors will be Tuesday, October 4th, and Sophomores on Thursday, October 6th. Registration forms will be given to students at the end of September.

NEW

SALT TEAM - Lourdes Regional High School is a community brought together in response to the Gospel of Jesus Christ. We seek unity through affirmation, and integration of our gifts and talents for service. Acknowledging that our students are all children of God, the school community challenges them to full development of their talents. Along the way, some students develop difficulties related to drugs, alcohol, and/or mental health issues. Recognizing these possibilities, this school community supports a **Student Assistance Program** to help identify such students. The heart of the program is a **Student Assistance Team Known as SALT (Student Assistance – Lourdes Team)** which is a core group of school personnel specially trained to work with these students. Since students cannot fully enjoy and appreciate God's gift of life unless they are experiencing good health and total fitness, the SALT Team intervenes and, if necessary, refers students at

risk to appropriate personnel or agencies. The intervention is made in the hope that such students may once again come to appreciate the gift of life and utilize their many talents for the benefit of themselves and others.

The heart of the SAP (Student Assistant Program) is the SALT Team comprised of administrators, counselors, teachers, and the school nurse. The team is specially trained to identify and help students experiencing problems related to alcohol and drug use or who are at risk of suicide and other mental health problems. It is not the function of the SALT Team to diagnose or treat a problem. The function is to identify patterns of behavior which is associated with a problem. When such patterns are discovered, the student is referred to in-school personnel or to appropriate community services.

For more information about the Student Assistance Team, please call Mrs. Gilger in the Guidance Office.

NCAA – National Collegiate Athletic Association – Many college athletic programs are regulated by the NCAA, which has established rules on eligibility, recruiting, and financial aid. If a student is planning to enroll in college as a freshman and wishes to participate in Division I or II athletics, he or she must be certified by the NCAA Initial Eligibility Clearinghouse. The process of certification should begin at the end of the Junior year in high school. NCAA requests that students apply online at www.eligibilitycenter.org. It is necessary to send ACT or SAT scores to the Clearinghouse directly from the testing agencies. The code for NCAA is 9999.

NEW

Penn State University will be hosting **College of Communications Open House** on October 29. Students can learn about the largest accredited communications program in the country, hear from a panel of current students on their experiences with internships, meet with faculty and staff across the college and tour state-of-the-art facilities. The College offers five undergraduate majors: Advertising/Public Relations, Film-Video, Journalism, Media Studies and Telecommunications. Registration fills up quickly, so reserve your spot ASAP. To register go to <http://comm.psu.edu/about/open-house> and click “RSVP for Open House.”

NEW

Creative Writing Day at Susquehanna University – The Writer’s Institute will host a day of workshops, readings, and information sessions on Monday, November 14th, from 10a.m. to 2:30p.m. (lunch included) on the campus of

Susquehanna University. Parents and teachers are welcome. Susquehanna has a creative writing major that currently enrolls 166 undergraduate students taught by six nationally-recognized writers and supported by a visiting writer's series. This program is offered at no cost to participants. Please contact the Guidance Office to register.

Workshops available:

- Novel
- Short story
- Poetry
- Memoir
- Screenwriting
- Journalism
- Sports journalism
- College writing

NEW

TELOS SAT PREP COURSE – This 8-session power course is a great way to prepare for the SAT without adding more stress to your life. Telos expert instructor offers direct instruction and guided practice to help improve scores for each section of the exam. Pre and post practice exams will be administered to help students become familiar with the test format and time restraints, as well as to measure their growth. Telos SAT Prep Course includes: (8) 2.5 hour sessions, one time a week. Come join us and improve your score.

2016 Dates: October 9 – November 27

2017 Dates: January 8 – February 26 and March 5 – April 30

Telos Educational Services

115 Main Street

Montandon

570-238-1701

TelosTutoring.org

SCHOLARSHIPS

NEW

Receive up to \$25,000 for college with the **Horatio Alger Scholarship**. If integrity, determination and courage describe your child, he or she may have what it takes to be a Horatio Alger Scholar. Horatio Alger Scholarships reward students who possess the character to succeed in life, and helps students overcome the

financial barriers of pursuing higher education. To qualify, students must have at least a 2.0 GPA and require financial assistance to go to college. To learn more and apply, visit scholars.horatioalger.org. Deadline is October 25, 2016.

OPEN HOUSES:

NEW

SEPTEMBER

- 24 Immaculata University
- 24 Mount Aloysius College
- 24 Pennsylvania College of Art & Design
- 30 Kutztown University – Business and Education

OCTOBER

- 2 Saint Joseph University
- 7 McCann School of Business and Technology – Career Day
- 8 Lock Haven University
- 10 Messiah College
- 12 Harrisburg Area Community College – all five campuses
- 14 Kutztown University
- 15 Clarion University
- 15 Immaculata University – Information Session
- 15 Kutztown University – Science, Technology & Math
- 16 Seton Hall University, NJ
- 23 Saint Joseph University
- 23 University of Scranton
- 24 Pennsylvania College of Art & Design
- 28 Kutztown University
- 29 Lock Haven University
- 29 Messiah College
- 29 Penn State University – College of Communications
- 30 Mount Aloysius College

NOVEMBER

- 4 Messiah College – Spotlight Day: School of the Arts
- 6 University of Scranton
- 7 Kutztown University – Visual & Performing Arts
- 11 Kutztown University

- 11 Messiah College – Spotlight Day: School of Business, Education & Social Sciences and School of the Humanities
- 11 Mount Aloysius College
- 12 Clarion University
- 18 Messiah College – Spotlight Day: School of Science, Engineering & Health
- 19 Immaculata
- 19 Pennsylvania College of Art & Design
- 20 Seton Hall University, NJ
- 29 Lock Haven University

Clarion University Preview Visit Days:

September 23

October 7 - 10 - 21 – 28

November 28

December 2 - 9

PLEASE BE SURE TO REGISTER WITH COLLEGES BEFORE ATTENDING.